Mother Spirit on October 25, 2018.

Dear Mother Spirit and Michael, thank you. Thank you so much for being all around us, all the time. Mother Spirit, you are actually part of us. It has always been a delight just to think about and entertain the notion that you are part of our own spirit and thinking through your Mind/Spirit Adjutants. You are the daughter of the Infinite Spirit of Paradise, funneling the Cosmic Mind down to each one of us.

It’s great to think that you are also part of everyone that I run across, everyone I know, and everyone on this world. Then there are all the other worlds of our Local Universe and the idea of you so extended throughout all this space to be part of every intelligent human being everywhere, by the trillions and trillions. It wonderfully blows our minds to even begin to imagine what it must be to be a Mother Spirit. It’s all that you are aware of, all you have known over hundreds of billions of years. It’s wonderful for us just to imagine something so open-ended in every way.

So tonight, Mother, I would like to ask, if you would, speak on one attribute of yours that the Urantia Book talks about, and you and Michael have talked about, and that is your Mind/Spirit Adjutant of courage.

(Mother Spirit’s dimension of courage)

On the one hand we are so immediately/physically aware of our perceptions, and the way our memories give us a way to store these experiences of all we have known, and all the people we have known. This is all we know because we have done it. There’s you third Adjutant of helping us understand ourselves and others, understanding this world we live in, and being thankful for living several hundred years after the “scientific revolution” where we have people living in outer space and, once-upon-a-time, standing on the moon.

But then we come to your forth Adjutant of courage and it seems we are suddenly into another and wholly spiritual dimension. So I am curious and, if you would, could you elaborate just exactly what this is for us, and how you help us with this dimension of our human lives? Thank you.

Nebadonia: Good evening, this is your Mother Spirit. Yes, I am so delighted that you yourselves delight in this notion of Michael and me, and then too our Universal Father being part of you--surrounding you, helping you and orienting you towards something more and more, to keep growing. This is our delight. This is what we help you most with, and that is: How to keep growing!

(Keep growing)

Think of all you have accumulated in your soul so far, that God himself is keeping sacrosanct and preserving for you. But then to keep adding to it?--to have every human day be another fresh start to add to all that you’ve already enjoyed? This too is our delight.

We are happy to be a presence that you can feel, yet, as you yourselves are thankful for, we are not intrusive. We have so much joy helping you be free, even be free of us, to tap into your own unique personality, your own unique creativity to bring things right out of yourselves. So exercise that creativity! This is our deep joy, to see our children growing in this way in and through themselves, through their God-given personalities.

(Courage—the ability to make something possible)

You ask me about courage, and how Michael and I see it from our standpoint. It is so many-faceted; let me start with considering it an ability--something that enables you to do something. It’s a way of extending yourself into what is difficult or fearful, and takes this quality alone. It’s using courage in such a way that nothing else quite fills the bill, which helps you extend yourself to do those things that would otherwise be impossible.

So right away we are up against the human reality of difficulty, of limitation, of sometimes even physical danger that actually threatens your living, physical self; something, as you say, that takes courage to do.

It is an ability and, like all abilities, my dear ones, it is something you can grow. Yet, like all other abilities, it is something you grow only by using it. This implies that you are already extending yourselves out into areas that might seem difficult initially, or are scary, or just hard. Courage gives you this initial notion and impulse. It’s that assurance of spirit that connects you, within yourself, with all-of-you together. And courage also connects you with Michael and me. You go ahead and do something anyway, in spite of the difficulty and fear.

This is such a personal thing and so unique to you, because the yet unknown is so unique to you. There are things that are unknown to you, that are not to anyone else, simply because your soul of experience is identical to no one else’s.

(Courage—different for each person and event)

Courage is not only dissimilar in its application and specific use to each person, but to each event because--as we have taught--you are in a kind of reality that is not repeating itself. While you have deep in your soul as one of your most precious possessions those things that courage enabled you to do yesterday, today is a new day with new challenges. Perhaps there are new fears arising from a situation in which you have never been before. Courage is literally that ability to enable you--as you say--to keep your head about you, maintain your strength, and confront the situation with all of its difficulties and fears. This is that ability that courage gives you.

(Courage within oneself)

Another dimension of courage helps you do everything in full consciousness. It rewards you for striving to be fully conscious of all you are doing, and all that is surrounding you. This is the courage to get beyond denial, or simply throwing yourself into something in a fool-hardy way. For isn’t that the exact opposite of courage, and so intrinsically dangerous in a situation? Somehow or another you blank out and deny yourself the full consciousness of everything happening that does take courage to admit, even to yourself.

Here, my dear ones, I want to bring up another dimension of you, and not just your personality but your whole situation including this physical living body of yours which is constantly changing and aging. This is the courage to accept, moment to moment, what you are now.

One of the greatest uses of courage is to stay current with yourself and accept and even welcome this particular Now that has never happened before. Everything is changing all around you, and you yourselves are changing. Courage is your ability to stay with yourself and those around you and keep your connection with them. Keep them in your life--your friends, your family, maybe even the strangers you meet day to day.

The blessing of courage is this connection you are able to maintain in the face of all this change. It is how you keep growing and adding to these immortal souls of yours. Keep welcoming new and strange experiences. Because, my dears, you have that whole universe out there to encounter and encompass.

Courage gives you this ability, this assurance of, “I have done this in the past. I’ve used my courage. It has stood by me. I have learned how to do the difficult and scary things that arise, and not only for myself, but for my loved ones and our community around us.”

(Courage and social responsibility)

A very down-to-earth way of putting this is: courage allows you to pull your own weight and be a highly conscious, productive member of your society and immediate group. In addition: it’s its own reward. It’s a genuine triumph--a genuine accomplishment that so fills your soul with all that courage lets you do.

So keep using it, my dear ones. Keep extending yourselves, especially right within yourself! Keep opening. Keep embracing more and more of yourself and others. This is how you use it, and how it uses you. Because, my dear ones, as one of my Mind/Spirit Adjutants, one of the dimensions of me, it is the little boost I am giving you that I am registering too.

(Share your life with Mother spirit—consciously)

In those moments of the last thing you may be able to think of and hold in your mind and consciousness, remember: I am right with you! So use me too. Let your Mother Spirit be a part of that endeavor. Let me too have your triumph and genuine accomplishment through you. This is my delight--to see my children extending themselves and growing in spite of whatever comes their way, because this is an enormous Local Universe full of literally millions of worlds like yours, peopled by people like you.

This is courage: the ability to do the more difficult, scary things that are part of life, but then give you those genuine accomplishments that so fill your soul. This is a part of what makes life worth living--to have such an ability and dimension of yourselves, and me. Thank our Father for both the difficulties inherent and intrinsic in living on a planet like yours, and thank him for these spiritual qualities that you can make your own.

So: thank you, Father. Thank you for these dimensions of life that we so cherish.

Now if you have any questions or comments, step forward and bring them out. This too may take a little bit of courage.

Student: Hello, Mother. I have a sort-of question. I heard it said in one of your transmissions that if you pray for courage--often in times of necessity--you must be placed in situations which require courage. But I’m thinking: who in their right mind would do that? Is there any other way to get courage?

(The human situation)

Nebadonia: Oh yes, my son. You can always pray for courage; but the situation itself? Trust me, your human situation requires courage to fully develop yourself, to fully explore, enjoy, and reap all your possibilities. Like I said, something as universal as aging and dealing with these bodies of yours takes courage to stay open day-to-day, to try things, to experiment and see what helps you keep up your strength and consciousness.

Don’t worry, the human situation calls for courage. When you pray for courage it is praying for the ability to handle what is already and rather incessantly coming at you. Does that make sense?

Student: Yes. So we are already in the line of fire. It is perhaps a confidence that you are behind us.

Nebadonia: Oh yes--very much--and the situation is such, especially in your relationships with each other. This is the courage it takes to stay open with each other in difficult social and political situations, to hear other peoples’ opinions, especially when they seem so antagonistic to your own. It’s how you entertain things, new and difficult things.

This all takes courage, yet fortunately it is something you are using in all the time. Unfortunately it may be something you get too used to out of habit. Then something comes along totally new and different. Hopefully you realize it takes some nerve to confront it. Think of that expression “Keep your nerve!”

Student: Thank you, Mother. That was very enlightening.

Nebadonia: You are welcome, my son.

Student #2: It has been enlightening, and thank you so much. I feel like you were speaking directly to me. The problem that I face is not one of confronting, but being confronted and having the courage to hold my ground philosophically/religiously. It’s when people are attacking my beliefs, and what you stand for, Mother. I find myself without words, yet I can still stand because I know you are standing next to me. But some days I feel a little less courageous under these attacks. Thank you for being there.

(Replenishing depleted spiritual energies)

Nebadonia: Keep in mind: all spiritual qualities--just because they are so marvelous in a way--they do come and go. They can get exhausted. Sometimes you do have to retire a bit, pull back a bit and think about things. So understand this too takes courage, knowing when you are being overwhelmed, and admitting this to yourself.

Allow yourself to withdraw to think about things and stay on top of the moment-by-moment happening, especially when you are being confronted. Sometimes you can mount a counter-attack; other times it is better to just take things in when you are being over-whelmed--and still not deny it, still do your best to deal with it.

This keeps you from having simple-minded, knee-jerk reactions to things, whether they are good or bad, easy or difficult. Find the courage to stay fresh and welcome the fact that each moment of your life is somewhat different. There is something that is not repeating here. There is something that is ever new.

This is intrinsically scary for a living, vulnerable being such as you are in all you dimensions--physical, mental and spiritual. You get tired. You need to take on my nourishment, and Michael’s, and the presence of God’s within you.

(Prayer and meditation)

This is what prayer does. It’s a way of reconnecting with us. This is your good meditation when you just allow whatever wants to, to come up. Just let it come up. Look at it. Wonder about it. Let God himself--right within you--make suggestions. Keep in mind the humble notion that some of your best ideas have come from him.

Student: OK. I see I need to consider all that. It is a vastness, isn’t it?

Nebadonia: It is a big world, my dear. But so is your soul, and your personality literally has no bounds. You are a mystery that Michael and I humbly acknowledge we can’t fully grasp what a human personality is, it is so much from God and a unique creation of his. This is even true for our own personalities. In this we are much alike. Even Michael and I have the need for our own kind of courage, to keep extending ourselves to support all the life that keeps expanding within our Local Universe. But then this is the delight of genuine accomplishment, is it not? You can actually do things that become part of your soul forever.

(Give me your thoughts and your wonder)

So, my dear, be in my love. You are right. I am always right here beside you, and part of you--part of your mind, part of your spirit. So tune in to me. I do appreciate and love that so much, when you say, “Hi Mom! I’ve been thinking about you. I’ve been wondering about you. What it is like to be the Mother Spirit of a Local Universe?”

Because, my dear one, I am real. So is Michael. So is God. We are real! And we are really here for you.

Student #2: Thank you.

Nebadonia: Be in my love. Good night.