Mother Spirit May 21, 2020.

Dear Mother Spirit and Michael: What a wonderful thing it is tonight, just to feel and know that you are both right with us and part of us. We find ourselves--both individually and as a society--in a rather tight spot. We are being hit by a virus all over the world that has been compared to a world war since so many folks are involved, and so many societies all over the world are being hit.

Everybody is being wrapped up in this and affected. In past wars we had such terrible things, like bombing whole cities all over England and Europe, it was called Total War. There was the firebombing of cities like Tokyo which caused more destruction than Hiroshima and Nagasaki combined.

Back then all of society, from the youngest to the oldest, was involved in this destruction of everyone. Here we are in an even stranger situation because so many of the folks that catch this virus are not affected by it, and yet they can transmit it. In past epidemics, where 90% of the people perished from it in the most hideous ways, it was a very rare individual, called a Typhoid Mary, who wasn’t affected but could transmit it.

This is a highly contagious virus yet, for a large percentage of the folks infected, it is neither symptomatic nor fatal. It has taken us a while to learn about this, but we are learning and adapting. Anything, Mother Spirit, you could say to help us in this endeavor, we would appreciate. Thank you very much--Amen.

Nebadonia: Good evening. This is Mother Spirit, and I salute all of you and the wonderful creative spirits you are endowed with by God. This is the way you are most like the Trinity of God the Father, the Son, and the Infinite Spirit. And it is your creativity I would like to emphasis most tonight in this “tight situation”--as you called it.

It is your very adaptability, your very flexibility, because you are correct in a way. This is a war against a disease which you must wage both individually and as a society. As in war there are certain principles, and you have already come up with the one that is the most important. This is your creative flexibility.

Because you are in an enormously changing situation, when it first hit you correctly withdrew into a kind of lockdown where you simply separated yourselves and were lawfully commanded to do so. You just needed to take a break from your normal routines of so delightfully getting together, especially in your large crowds at sporting events, theaters, and restaurants. These things you were suddenly deprived of.

As I said in my last lesson, it is how you make the best use of your time in an unfortunate lockdown. It can be a kind of forced meditation, if you will. I gave a lesson once before of folks caught up in criminal activity just because they were raised that way by their parents. They suddenly found themselves in jail, for the first time in their lives being forced to think about what they’ve been doing. This is a similar situation where you are all suddenly forced to be somewhat more alone and less gregarious.

Do your best to use this time in deep meditation and address the spiritual part of your life--your values. What are suddenly the most important things in your life? Michael spoke last time that, in some of your more advanced societies, the supply and variety of food you are so accustomed to is suddenly put in question. Now you can be aware of and thank your farmers, your ranchers, and those truck drivers who are both creating the food and bringing it to you; and all the grocery stores that are staying open. These are rightfully your modern day heroes.

The situation all calls for flexibility because it is all enormously changing. Now, several months into this pandemic, you are starting to open up a bit and see more people out on the streets driving around.

As you said in your introduction, you are realizing the pandemic so enormously, disproportionately affects only a certain part of your society, your old folks. Yet it is not only through age but also life-times of bad habits which make folks so extremely vulnerable to this virus. So take measures to protect these most vulnerable parts of your society, even though there’s a super-tragic thing of youngsters, who have so thoroughly loved and enjoyed their grandparents their whole lives, are suddenly isolated from each other.

To be flexible and adaptable is to be what Michael and I have talked about so much: be open-minded. Be very much in the present moment, especially in the face of some bad decisions that have already been made on the city, state, and even national level. There have been some terrible mistakes made, so learn from them. Do not get involved in fruitless political blame games, but really look to the future. Be well grounded in the present in your creative insight, my dears, because insight is what gives you the foresight to go ahead, to be responsible and able-to-respond.

We teach so much on this because it points to your creativity. You yourself are the best arbitrator and judge of your own unique situation. This is why, in a political sense, you have democracy of one person--one vote, of free and open elections based on a free press where all the different viewpoints can be expressed.

And so too, as an individual, be curious and seek out all the different viewpoints that apply to you in your situation. Are you out on the vast open farm lands or prairies of a country, or are you right downtown in the middle of a huge city? This distinction is what you look for in your leaders and politicians, with their different edicts and advice being passed. Still, be responsible for yourself. Seek out and enjoy all the different points of view as to what to do next.

This is how you best use this time. This is your best meditation: “Dear Father, dear God--help me. Help me be open-minded. Help me consider everything. Help me not be dogmatic but help me stay out of the rut of political parties who are just simple-mindedly warring against each other. No matter what one says, the other is simply against with a terrible knee-jerk reaction.”

“Help me be a loving person. Help me do what I can to help others, whether it is the folks I’m immediately living with, or my local neighborhood and town. Help me seek out and thoroughly inform myself about those organizations that are really doing a lot of good work and not just soaking up tons of money and spending it all on themselves.”

“Help me be informed day-by-day in this changing situation. Help me be appreciative of all those folks out there working to keep me alive.” This is his wonderful grace, my children, for your thankfulness and appreciation for all that is being done and given to you.

His grace is that final inner wealth you have of your life and its experience in your soul, co-authored by God himself. This is your life and how you are able to share it with each other. Right now, being so rightfully shy about giving your dear old friend a big hug, lets you know just how precious that is. Now you know how getting in a big crowd at a sporting event or in a dance hall, or going to a crowded restaurant, is enjoying the wonderful spirit of gregariousness, of sharing. It is one of my Mother Spirit’s Mind/Spirit Adjutants—this thing of sharing, of counsel. It’s how you help each other day by day to know what the right thing to do is, and discover among all the different opinions what is really real.

This is what your meditation can show you now. This is your spirit sense of value and what is important in life, what gives meaning to life. It’s even what threatens to take value away in the meaningless psycho-babble and political nonsense you can recognize and disregard.

This is one effect of a pandemic--this separation, this needing to be alone. Yet there is the wonderful discovery within of who you are to yourself, to others, and to God. This is the most precious discovery of all. Now if you have any questions or comments, let’s do those.

(No response after a while)

I want to thank you all for being the occasion. It is so wonderful to have these times together where Michael and I get to speak directly to you, and remind you that we are part of you, right within you. We are as near to you as your very next thought.

As I’ve said: I have these dimensions of me, of my Local Universe-wide spirit. I am a kind of signal that you are all literally living within that gives a boost right within your minds, your creative spirits, and your souls. These are my Mind/Spirit Adjutants of knowledge, understanding, and courage. There is one of counsel to help you give each other sometimes the most precious thing--some critical information, some sharing of your life together. This Spirit of Counsel even helps the higher animals, keeping the birds in their flocks, the cats and dogs--all the different animals like horses--enjoying each other’s company and helping each other get through their days.

It’s this Spirit of Counsel that is now so terribly being disrupted in your gregariousness of getting together in a big gang and doing things, whether packing by the tens of thousands in a big stadium to watch some sporting event or rock concert, maybe, or all together in a busy, noisy restaurant. All these has been suspended for a while and you are only slowly, carefully feeling your way back towards them.

The situation gives you an appreciation of once being together, rubbing shoulders and sharing hugs. Yet you still have your smiles—at a social distance--and laughter. This is what fills your souls, my dears, just as it fills my soul and Michael’s.

That question came up last time. Do Michael and I have souls? Well, we certainly do. We too have--from your standpoint--what you would consider to be an absolutely perfect retention of all that we have experienced, even from before we left Paradise to come out here in time and space to get this Local Universe going.

And we too have God, our Father, as part of us, part of the whole story of our lives. And just like you, so much of our souls are filled with all those we have known and with whom shared our lives. This is mainly what soul--all God’s children. We are blessed to know all the higher spiritual beings above us, as you will come to know them yourselves someday, all the way up to the head of our Super Universe of a hundred thousand Local Universes like ours. Even now your hundreds of telescopes are showing you just how big It All is; and it is all out there for you to discover and meet.

So be of good cheer, my dear ones. Meditate deeply and feel a wonderful gratitude toward our Father for this amazing condition called being alive.

Michael bids you to be in his peace, and I invite you to be in my love. Good evening.